

FOR IMMEDIATE RELEASE:

January 13, 2005

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**MAKING THE PROCESS EASIER WHEN SELECTING A
NURSING HOME FACILITY FOR A LOVED ONE
- Checklist Prepares Family Members In Case Search is Needed -**

Rochester, N.Y. - With today's aging population, more and more people are finding it necessary to choose a nursing home for a loved one. This is a task that may not be easy, unless they're prepared with the right tools.

Now, those who are faced with this situation can decide on a facility with confidence by using the nursing home tool kit, designed by the local staff and families of the Baird Nursing Home. The kit includes a step-by-step process and a comprehensive nursing home visit checklist that helps families determine the facility that best meets a loved one's needs, as well as fulfills their own requirements.

Hospital personnel will define the nursing care requirements before a patient is discharged. The family must then decide what to do, where to go, and whom to see. This whole process can often seem overwhelming.

“We provide people visiting our nursing home with a nursing home tool kit. It's universal and can be used at other nursing home facilities,” says Aimee Sawyer, Director of Social Services at The Baird Nursing Home in Rochester.

The tool kit can be accessed on line at bairdnursinghome.com or obtained by calling 585-342-5540 ext. 02.

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“Our intention in creating the tool kit is to truly ease the pain of the family and loved one during their time of need,” says Sawyer. “For the loved one’s successful transition into a nursing home facility and the family’s peace of mind, it’s important that we understand the person’s customary routines, likes, dislikes, preferences, and priorities.

The Baird Nursing Home is a proud member of the Rochester Health Care community since 1962, with Stephen T. Heard as owner and operator. The Baird is a skilled nursing facility that provides senior adults with a safe, caring, home-like family environment with private and semi-private accommodations for just 28 residents. The professionally trained staff members, including nurses, certified nursing assistants, occupational and physical therapists, dietary and nutrition specialists, and activity personnel, provide residents with 24-hour personalized care and treatment. Located at 2150 St. Paul Street, The Baird Nursing Home is nestled in a scenic residential area of Rochester, just opposite the Seneca Park Zoo. www.bairdnursinghome.com

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