

# Skilled Nursing Facility

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## Step-By-Step Process To Choosing the Right Nursing Home

Please feel free to copy and distribute this information to any interested party. The Baird Nursing Home staff encourages the distribution of any information that will assist the public in caring for the elderly.

1. Be certain that you know what level of care is required of a nursing home facility.
2. Assess and understand the finances and insurance availability.
3. Acquire your list of nursing homes that meet the requirements of care needed. Check the nursing home's New York State survey inspection records to compile your list of area nursing homes to visit. You can obtain this information online at [www.health.state.ny.us/nysdoh/nursing/key.htm](http://www.health.state.ny.us/nysdoh/nursing/key.htm)
4. Schedule tour of facilities. Call the nursing home admissions department to schedule an appointment with the homes that you've selected (recommend touring a minimum of 2-3 facilities).
5. Visit the nursing home facilities on your list. Call 585-342-5540 at ext. 02 to obtain a free nursing home visit checklist form, or go online to [www.bairdnursinghome.com](http://www.bairdnursinghome.com) to print it. Use this form during your nursing home tours, taking note of any likes or dislikes that you discovered during your visit. This information will be helpful later on in your selection process.
6. Talk to neighbors, friends, social workers, etc. about their experiences with nursing facilities to become more educated about resident life in a nursing home.
7. If time permits, re-visit the nursing home facility you are considering. Make sure to bring your nursing home checklist.
8. Review the nursing home visit checklist to determine what facility meets the quality of life and care requirements of what you're looking for in a nursing home.
9. Select the nursing home facility. Keep in mind that every nursing home will have strengths and weaknesses; the key is to select a facility whose strengths most closely meet the individual needs.